



Lack of insulation in a house accounts for 40% of heat loss in winter and 30% of heat gain in summer and the Federal Government have made grants available for insulation which typically saves a household an average \$325 a year.

There are many effective ways to insulate a house which do not need a big financial outlay.

- [Insulation grants](#) for ceilings as part of the stimulation package are available up to the value of \$1600 subject to conditions.
- Windows cause considerable heat loss and this can be reduced with [Clear Comfort](#) a single layer of film which is much cheaper than double glazing. This is further helped by using window drapes,blinds and pelmets. Another good solution is [honeycomb blinds](#).
- Heat loss from the ceiling gaps around downlights can be solved with the use of [Isolites](#) which exclude heat loss whilst avoiding any risk of fire.
- Effective sealing of draughts dramatically reduces heat loss and window sealing involves little outlay and [draftstoppas](#) on exhaust fans can be highly effective.
- Find out all about the different [R values](#) required for ceiling and wall insulation.
- Installing underfloor insulation not only helps your home retain heat, but will help cut down draughts in homes with uncovered wooden floors.

The savings achievable from good insulation are not just financial but carbon emissions are also significantly reduced.

If you want advice on applying for these grants contact the GreenHouse Project Help Desk on 1300 174101 or go on-line to the [forum](#) and share experiences with other like-minded households.

Also go in the draw to win a fully installed [veggie garden](#), worth \$775, when 3 recommendations are actioned from your home assessment and a feedback survey is completed.

Contact us on:

<http://www.lowenergy.com.au/greenhouseproject/>

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