



**Appliances contribute towards 61% of Victorian household energy bills and [ResourceSmart](#) gives invaluable advice on how to use new technology to reduce your costs and carbon footprint.**

Using efficient appliances with clever product features help reduce stand-by power use, water usage and running costs.

- [Washing machines](#) with at least 3.5 stars reduce energy usage by 25% as well as using less water.
- Use the star rating for [energy](#) and [water](#) to judge your best option.
- [Find a local retailer](#) trained to advise you on the most efficient appliances.
- Laptops use about half the power of desktop computers and can be programmed to turn off automatically when not in use.
- [LCD TVs](#) are much more energy efficient than the newer plasma screens.
- [Dishwashers](#) are best run when full and you can compare each brand and make.
- Fridges and freezers tend to run 24/7 so using [efficient energy tips for refridgerators](#) can significantly reduce energy bills.

Plan your actions in small steps and get the support of a telephone mentor by just calling 1300 174001 or reply to this e-mail.

For further details on the many prizes to be won, such as a solar powered backpack, a fully installed veggie garden or a meal voucher for family and friends, simply visit the [GreenHouse Project](#).

Invite a friend or colleague to complete a free [on-line home energy assessment](#) from the comfort of their home.

Contact us on:

<http://www.lowenergy.com.au/greenhouseproject/>

Or call 1300 174001

